



There are many reasons why someone living with HIV may choose not to disclose their status. However, HIV disclosure has been found to be beneficial for many reasons, ranging from increased social support to decreased transmission. Therefore, at clinics in coastal Tanzania, we offered postpartum women the option to disclose their HIV status to a person of their choice in the presence of a nurse who could facilitate a discussion about HIV/AIDS. In our paper published this month, we describe how economically-vulnerable women disclosed more often to elderly female relatives than more wealthy women. This is important for a range of policies and interventions, including those that seek to improve Infant and Young Child Feeding in the context of HIV. Indeed, our data suggest that programs may benefit by garnering the support of elderly female relatives for implementing appropriate and safe feeding practices, especially exclusive breastfeeding for the first 6 months.